

Breakfast

Two slices of toast with Italian butter, jam or marmalade	2.75
Greek yoghurt, mixed berry compote, honey & toasted almonds	3.5
Porridge with honey & toasted nuts	cows milk 3.45 coconut milk 3.95
Murrays nut & honey granola with Greek yoghurt & mixed berry compote	3.85
Two free range fried eggs in a breakfast bap	3.5
Three rashers of locally cured bacon in a breakfast bap	4
Two sausages & caramelised red onion in a breakfast bap	4.5
Spiced crushed avocado with heritage tomatoes & feta on rye toast	5
Smoked salmon & scrambled eggs on granary toast	5.5
One free range fried egg, 2 slices of black pudding, Italian plum tomatoes with basil on sourdough toast	6
Veggie breakfast- 2 fried eggs, baked beans, chestnut mushrooms, plum tomatoes & toast	6.5
Murrays breakfast- Fried egg, bacon, sausage, baked beans, chestnut mushrooms, plum tomatoes & toast	7.5
Add black pudding bacon sausage - 1.50	
All other items 1	

Smoothies

Strawberry crush- strawberries, banana & apple juice	3.25
Banana burst- banana, Greek yoghurt, coconut milk & honey	3.25
Berry bliss- mixed berries, mango & apple juice	3.25

Coffee & Tea

We use Mokaflor 'Red' freshly ground beans - traditional Tuscan coffee, intense & smooth, sweet finish

Espresso	1.65
Macchiato	1.85
Americano	2.1
Cappuccino	2.25
Cortado	2.3
Flat white	2.4
Latte Hot chocolate	2.5
Canton Tea co.	2.2
English breakfast Earl grey Peppermint Jade Green Red berry & Hibiscus Chamomile	